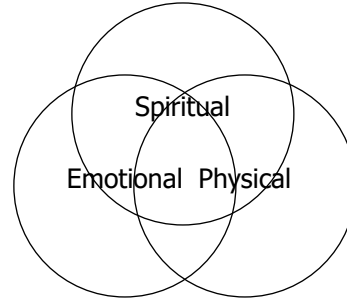
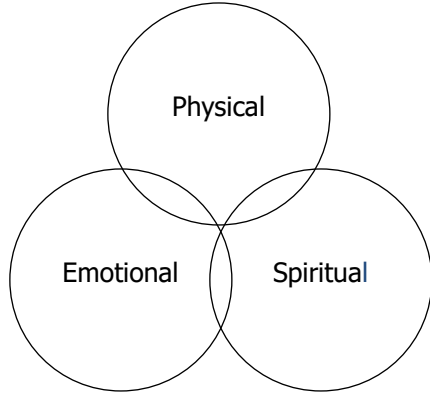


YOUR TRUE IDENTITY

The whole person has three parts: spiritual, emotional and physical. Each realm is distinct, yet overlaps the others. When we are being something different than God designed us to be there is conflict, and that conflict causes pain. Reconciliation resolves the conflict.



Who do you think you are? Where did you get that idea? Is it true? How do you know?

Use the table below to capture your identity paradigm. In the first column write down the names you remember being called, including adjectives and other labels. Add to the list any word curses or prophetic proclamations you heard. Capture any ideas or conclusions you drew about yourself. In the center column write down the source of that identity. Use the last column to write down the names and traits that you believe to be true.

In the last row write down what God calls you. Ask Him to replace lies you have believed with the truth of His word.

Who do you think you are?	Where did you get that idea?	Is it true?

You are who God says you are. He is the only accurate judge, He looks at the heart and all His words are true. Release the false labels and embrace your identity in Christ.